

#### 5/6-YEAR-OLD ASA SCHEDULE SESSION 3 (MAR. 25 - MAY 31)

MON	TUE	WED	THU	FRI
	Cosmic Kids Yoga and Go Noodle Dances Ms. Callie LIMIT 8 Students		<b>Yoga</b> Ms. Florida LIMIT 8 Students	
	<b>LEGO</b> Mrs. Ada LIMIT 6 Students		<b>Let's Make Art</b> Ms. Jill LIMIT 8 Students	
	<b>Safari Art</b> Ms. Ira LIMIT 6 Students		Board Games Ms. Grzyb LIMIT 8 Students	
	Indoor/Outdoor Fun (5 yo)  Ms. Valbona  LIMIT 10 Students		Indoor/Outdoor Free Time  Ms. Zhao  LIMIT 10 Students	
	Outside Play (6 yo)  Ms. Nada  LIMIT 8 Students		Arts & Crafts Ms. Fjola LIMIT 6 Students	
	<b>Craft Club</b> Ms. Bianka LIMIT 8 Students		<b>Drawing</b> Ms. Ingrid LIMIT 8 Students	

# 5/6-Year-Old ASA Descriptions

- Let's Make Art--Students will have the space to get creative with a variety of art materials
- **LEGO**--Lego is an excellent fine motor activity that will build your child's fine motor coordination while promoting social interaction, and collaborative problem-solving!
- Indoor/Outdoor Fun--Kids will be inside or outside, playing different games and doing different activities.
- Arts and Crafts--We will have fun together making a variety of crafts. Children can develop their creativity in the classroom environment.
- Cosmic Kids Yoga/Go Noodle Dance--Cosmic Kids Yoga helps to grow strength, build balance, coordination, confidence and so much more. It's filled with games, songs, stories, imaginative play, and activities that engage children and give them the tools to feel calmer, happier, and more peaceful inside! GoNoodle is a series of web-based videos, games, and activities focused on introducing short bursts of physical exercise into the classroom.
- Indoor/Outdoor Free Time--Students can relax and choose to do something of their interest indoors or outdoors.
- **Yoga**--Experience the joy of movement and mindfulness with yoga sessions. Through playful poses, breathing exercises, and imaginative storytelling, children explore their bodies and minds in a fun and nurturing environment.
- Outdoor Playing--Let's get out our wiggles while playing with friends.
- Safari Art--We will create a Safari world full of wild and exciting animals.
- **Craft Club**--We have loads of great step-by-step activity guides available to keep kids creative.
- **Board Games**--Play a variety of board games, both new and old, together with classmates.
- **Drawing**--Students will be exposed to drawing different shapes, animals outlines, objects and landscapes. They will also be encouraged to use their ideas and be creative.

#### 7/8-YEAR-OLD ASA SCHEDULE SESSION 3 (MAR 25 - MAY 31)

MON	TUE	WED	THU	FRI
	Playdough Fun Ms. Ani LIMIT 6 Students			Paper Crafts Ms. Anisa S. LIMIT 8 Students
	Reading Club Ms. Eljona LIMIT 8 Students			<b>K'Nex/Lego</b> Ms. Sonila LIMIT 8 Students
	Outdoor Free Time Ms. Becky LIMIT 10 Students			<b>4 Square</b> Ms. Matilda LIMIT 8 Students
	Creature Crafts Ms. Ona LIMIT 8 Students			<b>Drama and Role Play</b> Ms. Blerta Limit 8 students
	Football Skills Coach Henry LIMIT 15 Students			<b>Mandala</b> Ms. Migena LIMIT 8 Students
	<b>Chess</b> Mr. Diagne LIMIT 8 Students			<b>7/8 YO Basketball</b> Coach Henry LIMIT 15 Students
				Choice Drawing and Painting Ms. Fraki LIMIT 10 Students

## 7/8-Year-Old ASA Descriptions

- **Basketball**--Students will learn fundamental basketball skills, teamwork, and sportsmanship through engaging drills and games in a fun and structured environment.
- **Drama and Role Play**--If you like acting and moving around, this is the right activity for you. In "Drama and Role Play" we will have fun doing different activities like: Freeze frame, hot seating, improvising in pairs, teacher in a role and so on. I am looking forward to seeing you soon. :)
- **Board Games**--Enjoy learning new games that you can play at home or relax after your school day with a puzzle.
- **Reading Club-**-Students will read different books, discuss them, and write book reports.
- Outdoor Free Time--Enjoy playing outside with classmates.
- **Creature Crafts**--Let's make crafts inspired by animals! We'll learn fun facts about some clever creatures, then create something starring those amazing animals. We'll start with more basic crafts and origami, then try to build up to more challenging stuff, practicing perseverance, patience, fine motor skills, and creativity.
- **Football Skills**--This ASA will focus on individual football skills with a short match at the end of each practice. Students should expect to do skill work, such as dribbling, passing, and shooting.
- Chess--New to chess? Learn how to play! Already know how to play? Then join us in improving your skills.
- Paper Crafts--Students will learn how to use paper or card to create 2 or 3-dimensional objects. They will have fun and develop their fine motor skills.
- **K'Nex/LEGO**--This ASA is a STEM educational, fun, exciting class where students will build models to learn how machines work, encourage independence and creativity and develop problem solving. Join us to have fun, make friends and play while learning.
- 4 Square--Come out and play 4 square! This activity helps your coordination, ball control skills, and is a fun activity to play with your classmates.
- **Playdough Fun**-- Playdough Fun is an engaging after-school activity where students explore their creativity and fine motor skills through molding and shaping colorful playdough.
- **Choice Drawing and Painting**--In this ASA students will be able to strengthen their artistic skills by focusing on things they want to learn how to draw. They can choose to draw or paint their subject of choice.
- **Mandala**--Students get an individual collection of mandala art, where they color based on their own preference, while they listen to relaxing music and destress from a long day. In the end of the session, the student gets to keep the packet/collection as a memoir from ASA.

### 9/10-YEAR-OLD ASA SCHEDULE SESSION 3 (MAR 25 - MAY 31)

	MON	TUE	WED	THU	FRI	
	Movin' up to Middle School Mrs. Tempel (10 yo only)	<b>Guitar</b> Mr. Alban LIMIT 5 Students			Craft Your Own Adventure: Fun DIY Bookmarks for Readers Ms. Irida LIMIT 8 Students	
10 yo/MS girls	<b>Needle &amp; Thread</b> Ms. Anisa C. Limit 6 Students			Sporty Fun (no Football)  Ms. Vernon  LIMIT 8 Students		
	Football  Mrs. Scates 3:30-5:00 (students can join at 4:00 if they have another ASA)	Bored Games No More  Mr. Wood  LIMIT 15 Students			<b>Mandala Art</b> Ms. Ida LIMIT 10 Students	
		<b>Bread Making</b> Mr. Kienzle LIMIT 6 Students			Elementary Newspaper  Ms. Barrios  LIMIT 6 Students	
;		Kickball/Softball/American Football Mr. Mudd LIMIT 12 Students			<b>Puzzle Madness</b> Mr. Banek LIMIT 6 Students	
•		<b>Trivia Club</b> Mrs. Dickinson		+ (-) +	Create Your Own Embroidery  Ms. Eriselda Shehu (see picture for what you will create)  LIMIT 6 Students	
		**4:00-5:00 p.m.** Football Skills Coach Henry			**4:00 p.m5:00 p.m** 9/10-Year-Old Basketball	**

# 9/10-Year-Old ASA Descriptions

- Movin' up to Middle School--10-year-old students will get a head start on learning what it takes to make their middle school years at TIS the very best! Students will learn strategies for academic and personal success in middle school. Topics covered will include: lockers, schedules, organization and time management, middle school privileges, CEESA, Week Without Walls, and more!
- 10 YO/MS Girls Football--Skills practice and games. Continue improving your football skills! Join us at 4:00 if you have another ASA before.
- **Basketball**--Students will learn fundamental basketball skills, teamwork, and sportsmanship through engaging drills and games in a fun and structured environment.
- **Guitar**--Guitar ASA provides structured guidance for students who want to learn how to play the guitar or improve their existing skills. These lessons are designed to accommodate learners of all levels, from complete beginners to intermediate and advanced players. During guitar lessons, students are introduced to essential concepts like understanding the different parts of the guitar, proper hand positioning, and basic techniques for fretting and strumming. **BRING YOUR OWN GUITAR**
- **Needle & Thread**--Looking for a new hobby? How about taking up sewing? Master it with many tips, hacks, and advice on sewing for beginners, intermediate, or advanced.
- **Bored Games No More**--Bored of games and need more exciting ones to keep you engaged? Join this ASA to strategize, have fun, laugh, and interact with others. Whether you are new to board games or not, there will be interesting games for everyone.
- Bread Making--Learn how to make bread and other baked things from scratch! Plain but delicious baked goods only, we won't be making any sweets:)
- Kickball/Softball/American Football
- **Trivia Club**--How is your general knowledge? Do you love competition? Come to Trivia Club and compete in teams to answer common knowledge questions on a variety of subjects!
- **Craft Your Own Adventure: Fun DIY Bookmarks for Readers**--Crafting bookmark are a brilliant way to add variety to kid's reading activities. They help young minds unleash their creative side. It's also a brain break in disguise if you've been reading a while.
- **Sporty Fun (no football)**--Kids will learn about team building, good sportsmanship, and communication, and remain physically active with games such as kickball, frisbee, dodgeball, and volleyball and obstacle courses!
- **Mandala Art**--Students get an individual collection of mandala art, where they color based on their own preference, while they listen to relaxing music and destress from a long day. In the end of the session, the student gets to keep the packet/collection as a memoir from ASA.
- **Elementary Newspaper**--9/10 year old students will work in this ASA to create a monthly newspaper with different sections that a typical newspaper would have. If you're interested in writing about current events in the world, making comics for kids to read, giving tips for how to thrive in school, making crossword puzzles, interviewing elementary students to feature in the paper, etc., then you can help create a monthly newspaper for the elementary students to read. Students must be willing to meet deadlines in order to send out newspapers in a timely manner.
- **Puzzle Madness**--Challenge yourself as you attempt to assemble puzzles of different difficulties. Work on your attention to detail, teamwork, fine motor skills, patience, and problem solving skills. We will work on several different puzzle sizes ranging from 350 to 1000 piece puzzles.
- **Create Your Own Embroidery**--Join this activity if you would like to learn how to create your own embroidery. We will use a template, thread and needle to create the image of a little ballerina.
- Basketball (4:00-5:00 p.m.)--Please sign up for another ASA from 3:15-4:00
- Football (4:00-5:00 p.m.)--Please sign up for another ASA from 3:15-4:00